



Govt of Jammu & Kashmir
Office of the Principal Amar Singh College

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No: ASC/Edu/24/ 408

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STUDENT NOTIFICATION

Dear Student,

Sports inculcates discipline besides ensuring physical, mental health and wellbeing of an individual. Every student should endeavor to participate in a sports discipline of his/her choice and thereby put his talent to test. Sports can be taken up as a profession and should also act as an enabler for your participation. As such all bonafied students (Boys & Girls) of college who are interested to take part in the Intra College/ Inter College Sports Competition for Academic session 2024-25 are informed that they should register themselves in the Department of Physical Education & Sports by or before 05-03-2024.

Serial No	Men's	Women's
01.	Athletics	Athletics
02.	Cycle Race	Cycle Race
03.	Road Race	Road Race
04.	Cricket	Cricket
05.	Football	Hockey
06.	Hockey	Table Tennis
07.	Table Tennis	Volleyball
08.	Volleyball	Badminton
09.	Badminton	Chess
10.	Chess	Carrom
11.	Carrom	Kho Kho
12.	Kho Kho	Tug of War
13.	Kabaddi	Martial Art
14.	Handball	Snow Skiing
15.	Martial Art	-
16.	Yoga	-
17.	Basketball	-
18.	Snow Skiing	-
19.	Tug of War	-


(Prof. Sheikh Ajaz Bashir)
Principal